

Captain Quick Start

Everything you need to run the weekly tally in your classroom

Welcome to Shift for Schools. You're running the weekly tally for your classroom. This card covers everything you need to know to get started.

Your Weekly Routine

Monday Morning

→ Post the fresh weekly tracking chart on the wall or clipboard by the door

Every Morning (under 2 minutes)

- Ask: "Who walked to school today?" Count hands, write the number.
- "Who biked or scooted?" Count, write.
- "Who took the bus?" Count, write.
- "Who carpooled?" Count, write.
- "Who got a ride?" Count, write.
- That's it — 5 questions, 5 numbers.

Friday Afternoon (under 3 minutes)

- Open the Shift app or teacher dashboard
- Tap "Classroom Log"
- Photograph the completed chart
- Review the extracted data → confirm or correct → submit
- Celebrate the week's results with your class!

Tips from Other Teachers

"Make it part of the morning routine — do it right after attendance."

"I project the classroom standings on Fridays. They go absolutely nuts."

"The hand-raise tally takes 90 seconds. It's the easiest thing I do all day."

Need help? Shift for Schools support: keith@gogreenstreets.org

Photo Tips for Clean Data Extraction

- Photograph the full chart, not a section
 - Make sure the lighting is even (no shadows across the grid)
 - Hold the phone directly above, not at an angle
 - Include the header row with dates and modes
 - If a number is hard to read, write it more clearly before photographing
-

Quick Classroom Connections

Math (5–10 min)

"If 14 students walked today and we have 22 students total, what fraction walked? What percentage is that?" Use the week's chart for real data.

Science (5–10 min)

"What did you notice on your walk or ride today? What sounds did you hear? What animals or plants did you see?" Observation journaling tied to the commute.

Health (5 min)

"How did you feel when you arrived today? Did you feel different on days you walked vs. days you got a ride?" Self-awareness and body literacy.

Full curriculum-aligned worksheets for K-2, 3-5, and 6-8 are available on your Materials page.

Competition Standings

Your classroom competes at three levels:

- **Class vs. class** within your grade
- **Grade vs. grade** within your school
- **School vs. school** if your district participates

The metric is **active transportation percentage** — the share of all trips that are walk, bike, or bus. This means every class can compete regardless of size.

Winners are recognized however your school chooses — morning announcements, hallway leaderboard displays, or school assemblies.