

Health & PE Curriculum Alignment

How Shift for Schools connects to the 2023 MA Comprehensive Health & Physical Education Framework

FOR TEACHERS AND ADMINISTRATORS. Maps Shift for Schools to MA CHPE Framework standards for the 6–8 grade band.

Practice 7: Advocacy

The program provides data students can use to advocate for safer routes, better infrastructure, and healthier school environments. Student Ambassadors present data at assemblies and can engage with school administration about improvements.

6–8 connection: Students use school transportation data to identify areas for improvement and advocate for changes — better crosswalks, bike parking, crossing guard placement, or Walking School Bus routes.

CHPE Standard: Practice 7, 6–8 band — "Demonstrate the ability to influence and support others in making positive health choices" and "Work cooperatively as an advocate for improving personal, family, and community health"

Standard Area: Public, Community & Environmental Health

At the 6–8 level, students move from observation to analysis. They can examine how infrastructure, school siting decisions, and community design affect who can walk or bike safely and who cannot — connecting to equity and public health concepts.

6–8 connection: "Why can some students walk safely to school and others can't? What would need to change?"

CHPE Standard: "Analyze how environment and public health policies can influence health promotion and disease prevention"

Connection to Safe Routes to School

When paired with Safe Routes to School programs, Shift for Schools provides the measurement and engagement layer that complements SRTS infrastructure improvements. Six months of documented Shift data qualifies a school to apply for SRTS infrastructure grants.

For schools pursuing SRTS partnership: Shift's monthly reports provide documented engagement evidence. Active transportation rate data — the percentage of students using active modes — is the core metric for demonstrating program impact to SRTS, school boards, and grant funders.